

## **MANAGING YOUR MEDICINES**

Your Hospice team is available to help you or your loved ones with the details about your medicines including review of your medications for drug interactions and side effects. The nurse will obtain and verify a complete list of all medications with your physician to make sure they continue to be effective and necessary for your symptom management. Please tell your nurse about any medicines you take that are not on the list you are given. Hospice will pay for medications related to your hospice admission, comfort and management of your symptoms.

Please let your nurse know if you:

- Have new or changed medicines
- Need medicines refilled
- Take over-the-counter medicines such as vitamins
- Are concerned about pain medicines and addiction
- Don't understand how to take your medicines
- Wonder if the medicines help or not
- Have trouble swallowing pills
- Forget to take your medicines
- Are unable to open your pills bottles or handle tiny pills
- Have many old medicines in your home you no longer use
- Want to stop taking a medication.
- Experience side effects of your medicines including:
  - o Nausea, loss of appetite
  - Constipation
  - Sedation or decreased energy
  - o Light-headedness
  - o Problems sleeping, mood swings

Your Hospice nurse will be making routine visits to your home. A medicine list will be given to you for your records at home. The list is changed when new medicines are added. The list is updated also when older medicines are stopped.

If you have any questions, please call us at 262-652-4400 or 1-800-830-8344.