

# Living with Grief

## Intimacy and Sexuality During Illness and Loss

**Hospice Alliance**

Virtual Meeting via Zoom

**Thursday, January 21, 2021 - 12 pm to 2:30 pm**



### About the Program:

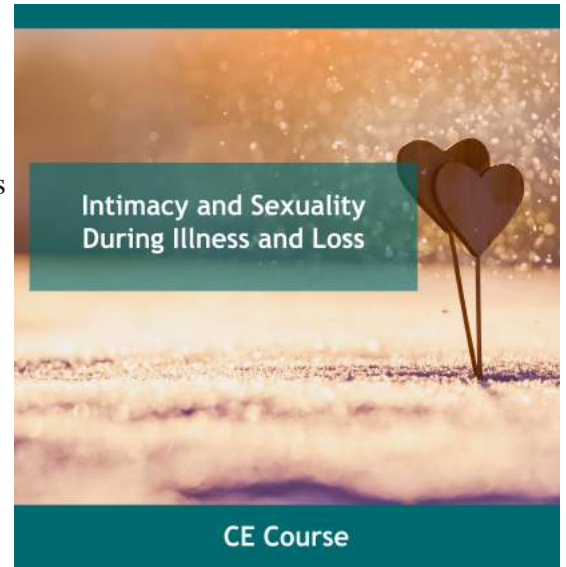
In this program, Hospice Foundation of America will identify barriers to intimacy and sexuality for terminally-ill persons and the bereaved. The program will emphasize the knowledge and skills that professionals must have to sensitively address intimacy and sexuality and suggest interventions that can help dying and bereaved persons address these elemental human needs.

This educational program combines a moderated discussion, informative interviews, and additional complimentary learning materials.

**Pre-registration by Monday, January 18, 2021 is required.**

**Register online:** <https://form.jotform.com/202455159182152>

Meeting link information and supporting materials will be emailed to you before the event.



### Local Host and Moderator:



### Program Panelists:

**Carrie Arnold, PhD, FT, MEd, RSW, CC**, Bachelor of Arts (honours) in Psychology, a Master of Education (Counselling), both from the University of Western Ontario, and Ph.D. (Psychology) Saybrook University

**Alua Arthur, JD**, death doula, attorney, and the founder of Going with Grace

**John Cagle, MSW, PhD**, assistant professor at the University of Maryland-Baltimore, School of Social Work with a substantive interest in improving care at the end of life

**Kenneth J. Doka, PhD, MDiv**, Bereavement Consultant to HFA and recipient of the 2019 Lifetime Achievement Award from the Association for Death Education and Counseling

### Reviewers:

**Pamela Kushner, MA, MD, FAAFP**, Clinical Professor Family Medicine, University of California Irvine

**Lynda Shand, CHPN, CNE, RN, PhD**, Associate Professor, The College of New Rochelle



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# Living with Grief - Intimacy and Sexuality During Illness and Loss

PROFESSIONAL EDUCATION EVENT- 2 CE CREDITS

## Program Outline:

The program will run approximately 120 minutes.

### I. Sexuality and Intimacy during Advanced and Terminal Illness

- A. The difference between sexuality and intimacy as basic human desires and needs.
- B. How advanced illness treatment, terminal diagnosis, and conditions of illness can impede sexuality and intimacy.
- C. Professional Responses to sexuality and intimacy concerns of patients: A history of neglect.
- D. Developing effective, sensitive and appropriate professional queries and responses to patient and family concerns sexuality and intimacy.

### II. Sexuality and Intimacy after Loss

- A. Understanding ways that loss of a loved one may affect sexuality and intimacy.
- B. Identifying taboo concerns: Starting the discussion about sexuality and intimacy with bereaved persons.

### III. Professional Caregiver Relationships with Patients, Clients, and Families

- A. Negotiating personal boundaries
- B. Sensitivity to ethical issues
- C. Self-care

## Learning Objectives:

*At the conclusion of the program, participants will be able to:*

1. Define and contrast intimacy and sexuality and describe how these needs may affect the care and well-being of dying and bereaved individuals;
2. Describe barriers to meeting and needs of intimacy and the sexual desires of individuals who are coping with life-threatening illness;
3. Discuss sensitivities, skills and knowledge that end-of-life professionals should possess to use appropriate interventions that address the intimacy and sexual needs of dying persons;
4. Describe the intimacy and sexual needs of individuals who are bereaved and identify barriers that inhibit opportunities to address such needs;
5. Discuss sensitivities, skills and knowledge that end-of life-professionals should employ when addressing issues of intimacy and sexuality with bereaved individuals;
6. Identify the ethical issues, including boundaries, that healthcare professionals should be aware of when helping clients and patients meet intimate and sexual needs.

## Continuing Education:

Continuing education credits (2 hours) are available for a number of professional boards for an \$9 per certificate. CE credits are available until September 23, 2021. To apply for CE credits, please follow the CE instructions provided to you at registration.

Please verify CE availability with your professional board and/or refer to HFA's list of Professional

### FOR QUESTIONS:

Please contact Joellen Fritchen at 262.652.4400  
or by e-mail at [joellen.fritchen@hospicealliance.org](mailto:joellen.fritchen@hospicealliance.org)

