Hospice Alliance

Wear Your Care!

In partnership with Kenosha Spiritwear, Hospice Alliance offers great gear that also supports our mission. From shirts and hoodies to mugs and water bottles, friends of Hospice Alliance can show pride in Hospice Alliance services and spark conversations about the importance of quality end-of-life and supportive care.

The "merch" makes for the perfect gifts!

"During the holiday season so many people are looking for presents with purpose and meaning, not just more "stuff," said Megan Frazer, Marketing and Development Manager. "We believe our Missionwear (and other cool Hospice Alliance items) fulfills that gift-giving goal."

Visit **www.hospicealliance.org/ missionwear** to shop. 10% of your purchase will be donated to Hospice Alliance.



Volunteering is a Blessing

Many people shy away from the subject of death, so it is not uncommon as a volunteer with Hospice Alliance to be asked, "how can you do that?" or "why do you do it?" My answer could take a while so to simply put it: it's an honor. Instead of feeling fear or discomfort, you become empowered with compassion.

Helping Hospice Alliance's wonderful patients and their families as they journey through the end-of-life process is rewarding and so appreciated. I know this because I was once one of those people in need. A very close family friend was admitted to the Hospice House. For the prior year, his son and I had been his primary caregivers. To this day, I remember



Kathy is a familiar face around the Hospice House and out in the community.

being able to breathe easily for the first time in a long time. I knew he was going to be treated with dignity, respect and compassion. Shortly after that, I became a volunteer and often see many families take that same first breath.

My almost 17 years as a volunteer with Hospice Alliance has enabled me to make many "special family friends." All patients and families touch your heart, but many



After teasingly asking Mary if she could borrow her spunky glasses while she was arriving at the Hospice House, Kathy and Mary became forever friends.

steal them.

Mary was one of them. We met in the hallway as she was being admitted to the House, and the rest was history. Mary was an artist.... While she was a patient with us, she painted a picture that was auctioned during a fundraiser for a local daycare that specializes in children with special needs. The painting brought in hundreds of dollars and Mary was humbled as she bursted with pride. She used her final days to help others. As her son so appropriately said, "she was the real deal."

A Message from our Executive Director



Rita Hagen, Executive Director

During this fall season, when we think of crisp air, golden leaves, bounty, and harvest here in Wisconsin, I take a moment to thank Hospice Alliance supporters for all you have done, and continue to do, to bring peace and comfort to patients and families.

In this newsletter, you learn of Kathy, a long time volunteer who generously and graciously shares time connecting and engaging with our patients. And the Lighthouse Lacers, a group

of talented-beyond-words ladies who share their craft to help us raise funds for all the "extras" we do to benefit our patients, families, and our community as a whole.

For example, Karla, our Life Enrichment Coordinator, who visits senior care facilities and other senior service organizations sharing her enthusiasm and cheer, through games and activities. And our new Connections – Planting Seeds of Hope children's grief support program. We offer both programs because we identified a need and chose to fill it.

And it is only with your support – your gifts of time, talent, and treasure – that we are able to care not only for our patients and their families, but also offer programs and services for our entire community. We were founded by volunteers who identified a need – a gap to fill – and proud that for over 40 years, we have not only filled the need for hospice care, but also supportive care, grief support and expanded programing to fulfull our mission of adding-life-to-days.

On behalf of all we serve, thank you for the gifts you continue to share.

Gratefully,

Rita Hagen Rita Hagen, MSN, RN Executive Director



Stay connected! Like our Facebook Page! Hospice Alliance & Hospice Alliance Foundation www.hospicealliance.org

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I still miss her.

Being a volunteer has enabled me to learn so much. It has renewed my reverence for both life and death and know

"All patients and families touch your heart, but many steal them."

it will help me in my own journey some day.

What people like Mary and so many other patients have taught me is that even our final days can be beautiful. I truly believe that we at Hospice Alliance bring sunshine to dark days. For that and so much more, I am blessed and honored to be a volunteer with Hospice Alliance.

I realize not everyone has time to share with patients and families, but I hope you find it in your heart to support Hospice Alliance in a way that works best for you.

Hospice Alliance Wish List

- Any colored (no white or cream) hand towels and washcloths for our Hospice House patients
- Gift cards (Pick 'n Save, Meijer, Target, Hobby Lobby, Michaels, Walmart, JoAnn Fabrics) to be used for food and materials in the Hospice House, Connections program, Life Enrichment items, Bereavement, Memory Bear supplies and Hospice House decor
- Garden center/nursery gift certificates (Steins or Lowes to be used for the Hospice House Garden)
- Full size cotton sheets for the Hospice House
- Kitchen towels for the Hospice House
- Soft blankets (twin & full) for the Hospice House
- Covered cups/lightweight with lids for Hospice House patients
- Women's nightgowns in M-L-XL for Hospice House patients
- Men's flannel shirts in M-L-XL for Hospice House patients
- Cookie/banana bread/cake/brownie/pancake mixes/syrup for the Hospice House

Celebrating the 23rd Annual Service of Remembrance and Memorial Brick Dedication

On Wednesday, June 29th, Hospice Alliance hosted its 23rd Annual Service of Remembrance, this time without its usual dedication of bricks, at Kemper Center near downtown Kenosha. With nearly 200 guests in attendance the service featured music and song by volunteers, Janet Germinaro and Sandy Wade in addition to readings and reflection by Hospice Alliance team members.

The program included a meaningful tribute to our veterans with the Presentation of Colors and rifle volley by the



The large crowd benefits from fellowship and reflection.

Kenosha Area Vietnam Veterans Honor Guard and the solemn playing of Taps by volunteer, Sarah Billings.

"I'm thrilled our volunteers play such an important role in making the event lovely for those who have lost someone special," said Beth Dillon, Volunteer Manager.

The sunshine helped to raise the spirits of attendees who had hoped to view the bricks purchased in memory of loved ones. Unfortunately, due to supply chain



The Kenosha Area Vietnam Veterans Honor Guard is committed to honoring fellow veterans lost.

issues, they were unable to be placed for the event.

"Since we first dedicated our brick walk in 1999, we have never experienced a delay in our brick production. We were humbled by the understanding of those who placed orders," said Rita Hagen, Executive Director, Hospice Alliance.

When the late-arriving bricks have been placed in the Hospice Alliance Brick Walk, families will have the opportunity to attend a small dedication and viewing event.

$/\!\!\!/$ Life Enrichment Encourages Engagement & Joy

Spend a minute or two with Karla do Vale and you will understand why skilled nursing facility residents meet her at the entry way to escort her to the activity room. Even though she joined Hospice Alliance a few short months ago in the newly created position of "Life Enrichment Coordinator," she has had quite the impact in all of the senior living communities she visits on a monthly basis.

Karla takes popular game show games such as Jeopardy and Wheel of Fortune and interactives such as bean bag toss and Twister and transforms them into portable, engaging activities customized for each her groups. Hosting activities with seniors clearly has her heart.

"I frequently end our sing-alongs, which I often host with memory care residents, with "You are my Sunshine." It's typically emotional – in a good way. When I saw that, I became much more intentional with all my groups to share how important they are to me and how important they are in others' lives, too," shared Karla.

After growing up outside Huntington, WV and attending college at Calvin University, she landed in the area due to her husband's job. After a senior year internship in Recreational Therapy at a skilled nursing facility in Grand Rapids, MI,



Karla's sunny smile brings warmth to all she encounters.

she learned that she was called to senior care – spending time in a variety of roles, with Life Enrichment becoming her passion.





Kighthouse Lacers Support Hospice Alliance

Hospice Alliance is grateful to be chosen as the recipient of the Lighthouse Lacers' beautiful Lace Tree. The Lacers each create dozens of intricate, lace ornaments to adorn a four foot pre-lit tree which they donate to be raffled with funds supporting Hospice Alliance

supporting Hospice Alliance.

In addition to the grand prize Lace Tree, which is available for viewing in the reception area of Hospice Alliance's business office, a Tour of Italy basket from Tenuta's Delicatessen and handmade quilt will be awarded to the second and third tickets drawn.

Tickets are \$2 each or three for \$5 and available at the office or by calling (262) 652-4400. The drawing will be held in early December.



K Children Gather to Grieve and Grow

On Thursday, August 18th, our Connections – Planting Seeds of Hope children's grief support group welcomed children and their trusted adults to the Hospice House gardens for the 4th Annual Planting Memories event.

In addition to sharing in snacks and activities, attendees were invited to paint a terracotta pot and plant a seedling to take home, all while celebrating the memory of a loved one lost.

"Our Connections monthly support group program really grew from our Planting Memories event," shared Jenny Sytkowski, Bereavement





An artist showcasing her creative memory.

Coordinator. "We knew there was a need for bereavement services for kids in our community. And, after the success of the annual event, we were able to offer a more frequent and encompassing program."

Connections – Planting Seeds of Hope support groups are offered monthly October through May on the 3rd Thursday of the month at 5pm at Hospice Alliance. For

more information or to register, contact Jenny Sytkowski at (262) 652-4400 or bereavement@ hospicealliance.org

Committed volunteers help participants in perfecting their pots.



Hospice Wish List continued from page 2

- Chapsticks or lip balms (not Carmex)
- Small lotions
- Men's disposable razors with three blades
- · Shaving cream
- Nail polish and remover
- TWISTER game

Please deliver items (or arrange for pick up) by calling (262) 652–4400

Order Your Memorial Brick Today

Create an everlasting memory of your loved one with an engraved brick at the Hospice Alliance Memorial Brick Walk located at Kemper Center.

When you purchase an engraved brick to be placed at Kemper Center, your special tribute also helps to support Hospice Alliance's mission of "adding-life-to-days" and to continue to provide exceptional care and supportive services to all, regardless of ability to pay.

Brick Grid Message - Use the grid below to spell out the message for your brick. Punctuation and spaces count as characters. Please make sure we can distinguish between upper and lower-case letters in the spaces below, if you choose to use both.

Forever

Remembered

HOSPICE ALLIANCE

MEMORIAL

BRICK WALK

1999

BRICK – 4" X 8" \$150.00 - 3 Lines

White area of grid

\$500.00 - 7 Lines

12 Characters and Spaces per Line

19 Characters and Spaces per Line

SUPER BRICK - 12" X 12"

White and blue area of grid

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Our 9th Annual "An Evening of Wishes" will be held Saturday, **March 4, 2023** at The Club at Strawberry Creek. To be included in event communication, please call (262) 652-4400.

Upcoming Events

Please check hospicealliance.org as all dates and times are subject to change due to COVID-19.

Veterans Cafe Gooseberries Fresh Food Market 690 W. State St., Burlington, WI Every 2nd Thursday, 8:00AM - 10:00AM

Connections - Planting Seeds of Hope Children's Grief Support Hospice Alliance

October - May 3rd Thursday, 5:00PM

Ring and Remember Kemper Center, Founders Hall November 10, 2022, 5:00PM

Evening of Wishes The Club at Strawberry Creek March 4, 2023

Dining for Donations

El Camino Kitchen October 11

Nothing Bundt Cakes November 14th – 19th Place orders all week!

Kendra Scott Online Shopping Event December 1st - 2nd

Thank You For Your Support!

For more information visit www.hospicealliance.org



10220 Prairie Ridge Blvd.

Pleasant Prairie, WI 53158

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Dennis Mattioli Thomas Tenuta

Hospice Alliance is your compassionate, community, non-profit hospice, incorporated in 1981.

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